

AFL Playing Record: (Please indicate teams and years in School, Club and Representative Levels)

School: _____

Club: _____

Region: _____

Other: _____

Playing Goals for upcoming year: _____

Consent Declaration

By completing this application, you have been selected to trial.

Parent / guardian: I give my child/ward _____

Permission to trial for selection to the Southern Sports Academy 2018 AFLW Scholarship Program to be held at Bolton Park, Wagga Wagga on **Monday 12th February**

Signed: _____ Date: ___/___/___

Please complete this form in full and return by **Thursday 8th February 2018** electronically (cbreese@ssa-nsw.org.au), or by post at:

2018 AFLW Scholarship Program
Southern Sports Academy
PO Box 8545
Koorinal 2650

For further information contact: Southern Sports Academy,
on phone 02 6931 8111 or Email: cbreese@ssa-nsw.org.au.
Applications are also available at: www.ssa-nsw.org.au



2018

AFLW Scholarship Program

For Girls Born: 2002-2004

(Aged 14 to 16 in 2018)

Trial

Monday 12th February 2018

Gumly Oval, Gumly Gumly.

5:30-7:00pm



Further information is available by contacting the Academy
on phone 6931 8111 or email: cbreese@ssa-nsw.org.au

NOTE: If an athlete is unable to attend the trial, they should lodge this nomination with a letter clearly outlining reasons why an exemption should be granted for inability to attend. The application will be considered prior to the trial and the athlete will be notified if their exemption has been approved.

What Does The Southern Sports Academy Do?

Southern Sports Academy athletes come together at least twice a month to receive the best and most professional coaching available in the area.

The will provide coaching, training, and athletic development to improve athletes with a view to:

- Develop the fundamental skill level of athletes which will enhance their opportunities for selection into the AFLW performance pathway
- Prepare athletes to a level where their transition to any representation 'seamless' in terms of programs or pathways;
- Increase the level of success of those athletes at competition and events.

In addition to the quality coaching, all scholarship holders in the Academy are also exposed to a range of workshops from our specialist consultants including workshops relating to Sports Psychology, Nutrition, Recovery, Athletic Development as well as receiving Strength and Conditioning training that is specific to their sport with complimentary gym membership.

The Southern Sports Academy also understands there is a great deal more to being an outstanding athlete than what happens solely on the sporting field. To this end, the Academy provides professional tuition for its athletes on Personal Development related issues. Topics that are covered include (but are not restricted to) Leadership Skills, Goal Setting, Expectations and Obligations of the Professional Athlete, Responsible Use of Social Media, Time Management and Media Skills.

All this adds up to the Southern Sports Academy leading the way in terms of providing valuable development opportunities for junior athletes in the Southern NSW region.

Training sessions will be held on Monday afternoons from 19th Feb 2018 until late July 2018. An Induction and Leadership Camp will also take place at Borambola Sport and Recreation Center **from Friday 23rd – Sunday 25th Feb.**

The program also encompasses the Clubs NSW Academy Games, to be held in the Hunter Region on April 27th, 28th & 29th, this will act as the selection trials for the NSW/ACT representative program.

No training during school holiday periods. Training location: Bolton Park Wagga.

Athlete Levy: Athletes who are invited into the program will incur an athlete levy of \$300 which includes all aspects of the program (clothing, travel and accommodation).

Scholarships are not in the form of a monetary sum, but enable the athlete to participate in Academy development programs at a greatly reduced rate.

Southern Sports Academy **2018 AFLW Scholarship Trials**

Please arrive 20 minutes prior to the scheduled start, dressed in AFL playing/training gear including mouth guard, and any personal strapping if required.
Please bring a water bottle and any medication (Asthma puffers, etc.) clearly marked with your name if needed

**** Persons arriving late will not be accepted ****

2018 AFLW Scholarship Program ***Nomination Form***

Surname _____ Given Name _____

Address _____

_____ Postcode _____

Email _____

School Attended _____ Year _____

Phone: (Home) _____ (Bus) _____

Mobile: (Athlete if applicable) _____ (Parent) _____

Parent's / Guardians Name(s) _____

Emergency Contact No. _____ Medicare No. _____

Medications/Medical Conditions (eg. Asthma, Allergies etc) _____

Declaration and Authority

I, Mr / Mrs / Ms _____ hereby give

permission for _____ to receive whatever medical attention is deemed necessary in the case of illness or accident. I also undertake to pay all associated costs (ie. Ambulance travel), medical fees and / or the cost of drugs which may be incurred while my child / ward is in the care of the Academy. This permission is given to the AFL staff of the Southern Sports Academy.

Player Profile

Supplying all player details is compulsory, leave no blank spaces

DOB: ____ / ____ / ____ Height: _____ Weight: _____ Sex: M / F

* Name of current club? _____

* Preferred playing positions 1. _____ 2. _____

* Are you of Aboriginal or Torres Strait Islander descent? YES / NO

****** Complete Details Over Page ******